

# Hempstead Lake State Park

1000 Lake Drive, West Hempstead, NY 11552

Park Office: (516) 766-1029  
 Long Island Regional Office: (631) 669-1000  
 Park Police: (631) 321-3700  
 In Case of Emergency: 911



New York State  
 Parks, Recreation and  
 Historic Preservation

### Legend

- |   |                   |                            |
|---|-------------------|----------------------------|
| Baseball Field  | Fishing Pier      | Picnic Area                |
| Basketball Court  | Gate              | Playground                 |
| Bridge  | Horse             | Public Restroom            |
| Carousel  | Information Kiosk | Reservable Picnic Pavilion |
| Dog Walk Area   | Kayak Launch      | Scenic View                |
| Emergency Access Road                                       | Maintenance Area  | Stairs                     |
| Environmental Education and Resiliency Center & Park Office | Observation Tower | Tennis/Pickleball Courts   |
| EV Charging Station   | Park Police       | Ticket Booth               |
|   | Parking Area      | Trailhead                  |

- Parkway
- Roads
- Trail color varies
- Sidewalk
- Unmarked Trail
- Hempstead Lake State Park
- Rockville Centre Athletic Fields
- Local Park
- Picnic Area
- Water
- Wetlands

### Trails

- BP - Bike Path - White - 2.4 Miles
- BT - Brown Trail - Brown - .31 Miles
- GT - Greenway Trail - Green - 2.37 Miles
- HBT - Hempstead Lake Bridle Trail - Red - 2.39 Miles
- PT - Purple Trail - Purple - 1 Mile
- RVC - Rockville Centre Trail - Green - 2.4 Miles
- W - Wetland Trail - Blue - 0.84 Miles



Please be considerate of other park users.  
 Please report any accident or incident  
 immediately to park police.  
 All boundaries and trails are shown as approximate.  
 Be aware of changing trail conditions.

Map produced by NYSOPRHP GIS Bureau, July 13, 2023.

