



trail ID	name	distance
AL	Allis Trail	3.72
⬆	Appalachian Trail	N/A
ATC	Appalachian Trail Connector	.42
BR	Bare Rock	3.5
EL	Eagle Lake	.51
FL	Furnace Loop	1.4
FT	Fire Tower	4.93
FTC	Fire Tower Connector	.47
HB	Hogback Mountain	1.5
IH	Indian Hill	3.78
LL	Lake to Lake	4.16
LME	Long Meadow Extension	1.5
LS	Long Swamp	2.86
LV	Lakeville	.75
LI	Lakeville Ironworks	.5
MM	McKeags Meadow	2.75
MMC	McKeags Meadow Connector	.39
PM	Pine Meadow	1.4
PMC	Pine Meadow Connector	.25
RB	Red Back	7.2
SA	Sapphire	2.2
SL	Sterling Lake	4.1
SP	South Point	.2
SR	Sterling Ridge	8.03
SV	Sterling Valley Loop	5.9
TW	Townsend	1.9
WM	Wildcat Mountain	2.4
WV	West Valley	2.6



Please be considerate of other park users.
Please report any accident or incident immediately to park staff.

Park Office: (845) 351-5907
Palisades Regional Office: (845) 786-2701
State Park Police: (845) 786-2781



TRAIL MAP

Sterling Forest State Park

Map produced by NYSOPRHP GIS Unit, January 5, 2011.

Legend

- state park land
- other state park land
- water
- wetland
- stream
- 100' contour
- roads
- transmission line
- county boundary
- trail
- parking
- visitor center
- portable restroom
- telephone
- scenic view
- boat launch
- fire tower
- train station
- bus stop
- trailhead
- biking permitted
- cross country skiing permitted